



## Spirituality at Sonning CE Primary School

Version 5	Within Myself	To Others	The Big Questions	Showing Appreciation	How we Express Ourselves
<b>Our Definition</b>	I am aware of my feelings and can express them. I believe in myself and I am happy with who I am. I can reflect on my actions and decisions. I am content with my life. I know I can overcome challenges to achieve my goals.	We respect other people's feelings, beliefs and background. We realise the impact of our actions on others. We take care of everything around us. We show love for others.	I am making sense of the world. I am developing my own system of beliefs. I am asking and thinking about life's Big Questions. I am learning from history and my experiences. I am exploring being connected to something bigger than myself. I am growing a sense of my capacity to change the world and challenge social injustice.	I have a sense of awe and wonder ("wow" moments). I show gratitude for everything I have. I enjoy the miracles in everyday life. I can see the beauty in the world around me.	How do I feel and how do I want others to feel? How do I express my deepening understanding of spirituality?
<b>What we currently do</b>	Regular time for prayer, silence, stillness, reflection, etc PSHCE curriculum (well being units, mindfulness, Mental Health awareness) Emotional regulation work Providing challenging learning (e.g. Challenge groups) APS days (extra curricular activities) Liddington Y6 residential trip Sonning's Got Talent Show Creative Home Learning choices Staff: CPD, individual training / development plans	Eco Days - recycling, improving school environment etc Visits to Sunrise Living Residential Home Workshops: anti-bullying, respect etc RE curriculum - learning about world religions and cultures School council - pupil voice Welcoming visitors to our school and listening to them. Interfaith week activities Developing our class charters Reverse advent calendar Harvest Festival food bank collection Taking part in village events - Village Show, Annual Rounders Match, Scarecrow Festival, etc Benefitting from the links with Reading Blue Coat school Looking after school guinea pigs Teamwork based activities Staff: weekly staff meetings, wellbeing days, knowledge sharing, peer assistance, team building INSET days	A range of collective worship approaches Broad and relevant curriculum - RE, science, history, geography, PSHCE Observing Remembrance Day Celebrating and learning about religious festivals (Christmas, Easter, Diwali, Ramadan, etc) Interfaith week activities Visiting places of worship (eg Maidenhead Synagogue, St Andrew's Church, etc) School Trips (eg Imperial War Museum, Winchester Science Centre, etc) Collective Worship Class capture books Staff: Diocesan support and advice	Provide opportunities for singing, music, dance, literature and art Have regular celebration assemblies and class led assemblies Individual awards: golden flames, superstars, Head teacher awards, etc House points for positive contribution to school life. Giving thanks through prayer (eg prayer basket) Annual Leavers service World Book Day activities School productions Sharing work, eg Home Learning Art Gallery Twitter to share Wow moments New quiet garden Staff: hospitality evenings, recognition of effort, end of term breakfasts	Y6 prayer journey Reflection form / Pupil self report Worry monsters Sharing of home learning Prayer partners RE reflection and TINT boxes Staff: mindfulness / yoga days
<b>What else we could do</b>	Provide special places to go for reflection & provide time after lunch or break for this to happen. Provide daily meditation / mindfulness. Provide more opportunity for self expressions through art, music, poetry, movement, etc. More workshops on self worth and self esteem. Staff: Peer well being support	Improve involvement in charity work - ownership on the children, understanding where collections go, why we are doing it and how it helps. Forming links to schools that are not like ours - locally and globally.	P4C (Philosophy for Children) Global citizenship Provide question boxes / question time for all facets of the school community. Seek new channels to encourage children to ask questions and find out more themselves. Expand enquiry based learning. Develop a whole school capture book for collective worship. Make collective worship more relevant to real life. Broaden experiences of other places of worship.	Provide daily meditation & mindfulness, eg through contemplative walks, moments of reflection, etc. Taking time to notice the small things - a rainbow, first daffodils, etc. Find ways to encourage the older children to talk less and observe/think more. Encourage show and tell. Look at use of senses - eg close eyes and use hearing, touching, smelling, etc. Plan best use of new courtyard space. The Write Stuff experience lessons	Individual pupil capture journals for entire time at Sonning School. Encouraging children to apologise with meaning and to accept apologies. Encouraging and recognising acts of kindness. Finding different ways to express thanks for things. Develop ways to support deeper thinker to allow their spirituality to deepen.
<b>The Impact</b>	Children become more confident, independent, resilient, responsible, self-aware and reflective. Children are able to make better choices. Staff have improved mental health	Children have improved awareness of others in the community and are inclusive. Children form better friendships. Children are more generous and forgiving. Children's behaviour improves. Staff feel supported and have an improved work-life balance.	Children have confidence to ask the deep questions. Children have improved knowledge of the world. Children are more independent and willing to take risks. Children are able to take part in a debate and can express their own standpoint whilst being accepting of the opinions of others. Staff are secure in expressing their own beliefs.	Children take care of each other and their environment to a greater degree. There are fewer instances of anxiety within the school community. The school environment improves. Staff feel valued and respected.	Children have improved communication, understanding and empathy. Staff are secure in expressing their own feelings.
<b>Link to School Values</b>	Courage, aspiration, love	Love, respect	Curiosity, aspiration, courage	Respect, curiosity, love	Respect, love
<b>Link to SIP Objective</b>	Promote a love of creativity to assist with reaching the writing ARE and ARE+ targets.	Promote and safeguard the well-being of all. Promote school links with local community.	Improve Christian distinctiveness of the school. Develop and implement an inspiring curriculum.	Celebrate achievements and endorse school values.	Promote and safeguard the well-being of all and endorse school values.