



**Year 3 Wellbeing Curriculum:  
Understanding your Brain**

**Outcomes for Pupils as a result of this module:**

***To understand how their brain works and how their brain can influence thinking and behaviour.***

**Knowledge**

- To describe the brain as divided into two hemispheres.
- To locate the left hemisphere and right hemisphere modalities.
- To define the difference between the left hemisphere modality and the right hemisphere modality.
- To describe the brain as having an upstairs and a downstairs.
- To locate the parts of the brain using a model brain.
- To define the difference between the upstairs and downstairs brain.

**Skills**

- To develop the appropriate use of scientific terms related to the brain.
- To manipulate and construct a model brain with a learning partner.
- To design their own brain and produce an information page and/or leaflet to show their knowledge.
- To manipulate and construct a model brain with a learning partner.
- To design either:
  1. 'Amygdala Hi Jack' Poster to describe the process.
  2. An 'Upstairs Vs Downstairs' Brain Poster to describe the functions of these parts of the brain.

**Understanding**

- To explain the difference between the left hemisphere and right hemisphere modalities.
- To demonstrate their knowledge of left hemisphere and right hemisphere modalities in applying the strategy 'Name it to Tame it' in school and home life.
- To explain the difference between the upstairs and downstairs brain.
- To demonstrate their knowledge of left hemisphere and right hemisphere modalities in applying the strategies 'Use it or Lose it' and 'Move it or Lose it' in school and home life.