



**Learning Module:
Summer Term 2 / Puzzle 6
Year 6 – Changing Me**

Pupil outcomes as a result of this module –

Children will be taught to develop their own self-esteem and about their own self-image. Children will be taught about how girls and boys bodies change during puberty and the importance of looking after themselves physically and emotionally. Children will be taught how a baby develops from conception through the nine months of pregnancy and how it is born. Children will be taught about the attraction between boys and girls and how the physical attraction changes the nature of a relationship and what this might mean about having a boyfriend or girlfriend. Children will be taught about the importance of positive self-esteem and how to develop this. They will learn how to identify what they are looking forward to and worries for their transition to secondary and discuss ways to deal with these emotions.

<p>Knowledge</p> <ul style="list-style-type: none"> ○ I can recognise cycles of life in nature. ○ I can tell you about the natural process of growing from young to old and understand that this is not in my control. ○ I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old. ○ I can recognise the physical differences between boys and girls and use the correct names for parts of the body (penis, anus, testicles, vagina, vulva) and appreciate that some parts of my body are private. ○ I understand there are different types of touch and can tell you which ones I like and don't like. 	<p style="text-align: center;">End of Year/Key Stage Objectives</p> <p>1c, To face new challenges positively by collecting information, looking for help, making responsible choices, and taking action.</p> <p>1d, to recognise as they approach puberty, how people's emotions change at that time and how to deal with their feelings towards themselves, their families and others in a positive way.</p> <p>2e, That their actions affect themselves and others, to care about other people's feelings and to try to see things from their point of view.</p> <p>3b, That bacteria and viruses can affect health and that following simple, safe routines can reduce their spread.</p> <p>3c, Learn about how the body changes as children approach puberty.</p> <p>4a, That their actions affect themselves and others, to care about other people's feelings and to try to see things from their points of view.</p> <p>4c, To be aware of different types of relations, including marriage, and those between friends and families and to develop the skills to be effective in relationships.</p> <p>4g, Where individuals, families and groups can get help and support.</p>
<p>Skills</p> <ul style="list-style-type: none"> ○ I understand there are some changes that are outside my control and can recognise how I feel about this. ○ I can identify people I respect who are older than me. ○ I feel proud about becoming more independent. ○ I can tell you what like/don't like about being a boy/girl. ○ I am confident to say what I like and don't like and can ask for help. 	<p>National Curriculum – Science</p> <p>1a, That the life processes common to human and other animals include nutrition, movement, growth and reproduction.</p> <p>Sex Education.</p>
<p>Understanding</p> <ul style="list-style-type: none"> ○ I can identify what I am looking forward to when I move to my next class. ○ I can start to think about changes I will make when I am in Year 3 and know how to go about this. ○ I can use the correct terms to describe penis, testicles, anus, vagina, vulva and explain why they are private. I can explain why some types of touches feel OK and others don't. 	