# **Sonning Church of England Primary School**



# Learning Module: Summer Term 1 / Puzzle 5 Year 6 – Relationships



## Pupil outcomes as a result of this module –

Children will be taught about mental health, why this is important and how to take care of their mental health and helping others. Children will be taught about love and loss and grief and how they and others may cope with this. Children will be taught about using technology responsibly and how to identify real or fake news online.

### **Knowledge**

- o I can identify the different members of my family, understand my relationship with each of them and know why it is important to share and cooperate.
- I understand that there are lots of forms of physical contact within a family and that some of this is acceptable and some is not.
- o I can identify some of the things that cause conflict with my friends.
- I understand that sometimes it is good to keep a secret and sometimes it is not good to keep a secret.
- o I recognise and appreciated people who can help me in my family, my school and my community.

#### Skills

- I accept that everyone's family is different and understand that most people value their family.
- I know which types of physical contact I like and don't like and can talk about this.
- I can demonstrate how to use the positive problem-solving technique to resolve conflicts with my friends.
- I know how it feels to be asked to keep a secret I don not what to keep and know who to talk about this with.
- I am comfortable accepting appreciation from others.

#### **Understanding**

- o I can express my appreciaten for the people in my special relationships.
- I can explain why some things might make me feel uncomfortable in a relationship and compare this with relationships that make me feel safe and special.
- I can give examples of some different problem-solving techniques and explain how I might use them in certain situations in my relationships.

## **End of Year/Key Stage Objectives**

- **1c,** To face new challenges positively by collecting information, looking for help, making responsible choices, and taking action. **1d,** to recognise as they approach puberty, how people's emotions change at that time and how to deal with their feelings towards themselves, their families and others in a positive way.
- **2e,** That their actions affect themselves and others, to care about oher people's feelings and to try to see things from their point of view.
- **3b,** That bacteria and viruses an affect health and that following simple, safe routines can reduce their spread.
- **3c,** Learn about how the body changes as children approach puberty.
- **4a,** That their actions affect themselves and others, to care about other people's feelings and to try to see things from their points of view.
- **4c,** To be aware of different types of relations, including marriage, and those between friends and families and to develop the skills to be effective in relationships.
- **4g,** Where individuals, families and groups can get help and support.

#### National Curriculum – Science

**1a,** That the life processes common to human and other animals include nutrition, movement, growth and reproduction. **Sex Education.**