



**Learning Module:
Summer Term 2 / Puzzle 6
Year 5 – Changing Me**

Pupil outcomes as a result of this module – *Children will be taught about self-image and body awareness. They will learn about puberty for girls and boys and be expected to explain the changes and show an awareness of how they feel about these changes. They will be taught about conceptions, understand that sexual intercourse leads to conception and this is usually how babies are made. Children will learn about IVF and that sometimes people need this to have a baby. Children will be taught about becoming a teenager and the age of consent.*

<u>Knowledge</u>	<u>End of Year/Key Stage Objectives</u>
<ul style="list-style-type: none"> ○ I can recognise cycles of life in nature. ○ I can tell you about the natural process of growing from young to old and understand that this is not in my control. ○ I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old. ○ I can recognise the physical differences between boys and girls and use the correct names for parts of the body (penis, anus, testicles, vagina, vulva) and appreciate that some parts of my body are private. ○ I understand there are different types of touch and can tell you which ones I like and don't like. 	<p>1a, to talk and write about their opinions, and explain their views on issues that affect themselves and society.</p> <p>2k, To explore how the media present information.</p> <p>4f, That differences and similarities between people arise from a number of factors, including cultural, ethnic, racial and religious diversity, gender and disability.</p> <p>4c, To be aware of different types of relationship, including marriage and those between friends and families and to develop the skills to be effective in relationships.</p> <p>4e, To recognise and challenge stereotypes.</p>
<u>Skills</u>	<u>Online relationships</u>
<ul style="list-style-type: none"> ○ I understand there are some changes that are outside my control and can recognise how I feel about this. ○ I can identify people I respect who are older than me. ○ I feel proud about becoming more independent. ○ I can tell you what like/don't like about being a boy/girl. ○ I am confident to say what I like and don't like and can ask for help. 	<p>How to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met.</p>
<u>Understanding</u>	<u>4a</u>
<ul style="list-style-type: none"> ○ I can identify what I am looking forward to when I move to my next class. ○ I can start to think about changes I will make when I am in Year 3 and know how to go about this. ○ I can use the correct terms to describe penis, testicles, anus, vagina, vulva and explain why they are private. I can explain why some types of touches feel OK and others don't. 	<p>That their actions affect themselves and others, to care about other peoples feelings and to try to see things from their point of view.</p> <p>1d, To recognise as they approach puberty, how people's emotions change at that time and how to deal with their feelings towards themselves, their families and others in a positive way.</p> <p>3c, Learn about how the body changes as children approach puberty.</p> <p>2f, About the main stages of the human life cycle.</p>