



**Learning Module:  
Summer Term 2 / Puzzle 6  
Year 4 – Changing Me**

**Pupil outcomes as a result of this module –**

*Children will be taught to appreciate themselves, that some of their special characteristics have come from their birth parents and this happens because they are made from the egg and the sperm joining. They will be taught about the male and female internal and external parts of the body that are necessary for making a baby. They will be taught about girls and puberty. They will be taught to accept change and manage these feelings positively.*

<u>Knowledge</u>	<u>End of Year/Key Stage Objectives</u>
<ul style="list-style-type: none"> <li>○ I understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm.</li> <li>○ I can correctly label the internal and external parts of male and female bodies that are necessary for making a baby.</li> <li>○ I can describe how a girl’s body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this.</li> <li>○ I know how the circle of change works and can apply it to changes that I want to happen in my life.</li> <li>○ I can identify changes that have been and may continue to be outside of my control that I learnt to accept.</li> </ul>	<p><b>1c</b>, to face new challenges positively by collecting information, looking for help making responsible choices, and taking action.</p> <p><b>1d</b>, to recognise as they approach puberty, how people’s emotions change at that time and how to deal with their feelings towards themselves, their families and others in a positive way.</p> <p><b>2f</b>, to resolve differences by looking at alternatives, making decisions, and explaining choices.</p> <p><b>4a</b>, That their actions affect themselves and others, to care about other people’s feelings and to try to see things from their points of view.</p> <p><b>3c</b>, Learn about how the body changes as children approach puberty.</p> <p><b>3f</b>, That pressure to behave in an unacceptable or risky way can come from a variety of sources, including people they know, and how to ask for help and use basic techniques for resisting pressure to do wrong.</p> <p><b>4g</b>, Where individuals, families and groups can get help and support.</p>
<u>Skills</u>	<u>National Curriculum - Science</u>
<ul style="list-style-type: none"> <li>○ I appreciate that I am a truly unique human being.</li> <li>○ I understand that having a baby is a personal choice and can express how I feel about having children when I am an adult.</li> <li>○ I have strategies to help me cope with the physical and emotional changes I will experience during puberty.</li> <li>○ I am confident enough to try and make changes when I think they will benefit me.</li> <li>○ I can express my fears and concerns about changes that are outside of my control and know how to manage these feelings positively.</li> </ul>	<p><b>1a</b>, That the life processes common to humans and other animals include nutrition, movement, growth and reproduction.</p> <p><b>2f</b>, About the main stages of the human life cycle.</p>
<u>Understanding</u>	
<ul style="list-style-type: none"> <li>○ I can identify what I am looking forward to when I move to a new class.</li> <li>○ I can reflect on the changes I would like to make next year and can describe how to go about this.</li> <li>○ I can summarise the changes that happen to boys’ and girls’ bodies that prepare them for making a baby when they are older.</li> <li>○ I can explain some of the choices I might make in the future and some of the choices that I have no control over. I can offer some suggestions about how I might manage my feelings when changes happen.</li> </ul>	