



**Learning Module:
Spring Term 1 / Puzzle 3
Year 4 – Dreams and Goals**

Pupil outcomes as a result of this module –

Children will learn will learn about how to overcome obstacles to achieve their dreams and goals and manage feelings of frustration. They will learn how to break a goal down into achievable steps.

<p><u>Knowledge</u></p> <ul style="list-style-type: none"> ○ I can tell you about some of my hopes and dreams. ○ I understand that sometimes hopes and dreams do not come true and that this can hurt. ○ I know that reflecting on positive and happy experiences can help me to conteract disappointment. ○ I know how to make a new plan and set new goals even if I have been disappointed. ○ I know how to work out the steps to take to achieve a goal, and can do this successfully as part of a group. 	<p style="text-align: center;"><u>End of Year/Key Stage Objectives</u></p> <p>1c, to face new challenges positively by collecting information, looking for help making responsible choices, and taking action.</p> <p>1d, to recognise as they approach puberty, how people’s emotions change at that time and how to deal with their feelings towards themselves, their families and others in a positive way.</p> <p>2f, to resolve differences by looking at alternatives, making decisions, and explaining choices.</p>
<p><u>Skills</u></p> <ul style="list-style-type: none"> ○ I know how it feels to have hopes and dreams. ○ I know how disappointment feels and can identify when I have felt that way. ○ I know how to cope with disappointment and how to help others cope with theirs. ○ I know what it means to be resilient and to have a positive attitude. ○ I can enjoy being part of a group challenge. 	<p>4a, That their actions affect themselves and others, to care about other people’s feelings and to try to see things from their points of view.</p> <p>3c, Learn about how the body changes as children approach puberty.</p> <p>3f, That pressure to behave in an unacceptable or risky way can come from a variety of sources, including people they know, and how to ask for help and use basic techniques for resisting pressure to do wrong.</p> <p>4g, Where individuals, families and groups can get help and support.</p>
<p><u>Understanding</u></p> <ul style="list-style-type: none"> ○ I can identify the contributions made by myself and others to the group’s achievement. ○ I know how to share in the success of a group and how to store this success experience in my internal treasure chest. ○ I can plan and set new goals even after a disappointment. ○ I can explain what it means to be resilient and to have a positive attitude. 	<p>National Curriculum - Science</p> <p>1a, That the life processes common to humans and other animals include nutrition, movement, growth and reproduction.</p> <p>2f, About the main stages of the human life cycle.</p>