



**Learning Module:
Summer Term 2 / Puzzle 6
Year 1 – Changing Me**

**Pupil outcomes as a result of this module –
*Children will learn that as they grow older their friendships and interests will change.***

<u>Knowledge</u>	<u>End of Year/Key Stage Objectives</u>
<ul style="list-style-type: none"> ○ I am starting to understand the life cycles of animals and humans. ○ I can tell you some things about me that have changed and some things about me that have stayed the same. ○ I can tell you how my body has changed since I was a baby. ○ I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina, vulva, anus. 	<p>1a, to recognise what they like and dislike, what is fair and unfair and what is right and wrong 1b, to share their opinions on things that matter to them and explain their views 1c, to recognise, name and deal with their feelings in a positive way 1d, to think about themselves, learn from their experiences and recognise what they are good at</p>
<p><u>Skills</u></p> <ul style="list-style-type: none"> ○ I understand that changes happen as we grow and that this is OK. ○ I know that changes are OK and that sometimes they will happen whether I want them to or not. ○ I understand that growing up is natural and that everybody grows at different rates. ○ I respect my body and understand which parts are private. ○ I enjoy learning new things. 	<p>2a, to take part in discussions with one other person and the whole class 2c, to recognise choices they can make and recognise the difference between right and wrong 2e, to realise that people and other living things have needs and that they have responsibilities to meet them 2f, that they belong to various groups and communities, such as family and school</p>
<p><u>Understanding</u></p> <ul style="list-style-type: none"> ○ I know some ways to cope with changes. ○ I can tell you about the changes that have happened in my life. ○ I can compare how I am now to when I was a baby and explain some of the changes that will happen to me as I get older. ○ I can use the correct names for penis, testicles, anus, vagina, vulva and give reasons why they are private. ○ I can explain why some changes I might experience might feel better than others. 	<p>3a, to make simple choice that improve their health and well-being 3e, to know the names of the main parts of the body 4b, to listen to people and play and work cooperatively 4c, to recognise how their behaviour affects other people, to identify and respect the differences and similarities between people 4d, that family and friends should care for each other</p>