



## Subject Area: Physical Education Curriculum Map

			Reception- Acorn	Year 1- Beech	Year 2- Chestnut	Year 3- Fir	Year 4- Holly	Year 5- Maple	Year 6- Oak
<b>Autumn</b>	1	Our Bodies Keeping Healthy (Ourselves)	Games- Throwing and Catching  Gymnastics	Dance- Weather  Games- Fundamental skills (Basketball)	Cricket & Rounders  Dance- Disco classics	Games- Netball  Dance- Line dancing	Cross country running  Football skills	Tag Rugby  Gymnastics	
	2	Fine/Gross motor skills Dance	Dance- It's a party  Games- Basic skills	Gymnastics  Games- Applying fundamental skills (Football)	Lacrosse  Gymnastics	Orienteering  Croquet	Dance: Rock n Roll  Basketball	Running- Cross country  Circuit training	
<b>Spring</b>	1	Fine/Gross motor skills Gymnastic	Gymnastics  Games- Fundamental skills	Gymnastics  Games- Popular sports -Hockey	Football  Gymnastics	Gymnastics  Golf	Netball  Hockey	Gymnastics- Performance  Badminton	
	2	Fine/Gross motor skills Ball games	Gymnastics  Games- Top play	Dance- At the seaside  Ball skills (Netball)	Tennis  Golf	Gymnastics  Ultimate Frisbee	Dances- From around the world  American football	Street dance  Netball	
<b>Summer</b>	1	Body control Team games	Dance- Magic Toys  Athletics	Athletics- Track  Golf	Swimming  Athletics- Track events	Athletics- Track  Dance (Traditional English dancing)	Outdoor and adventurous  Athletics- Track	Games- Kwik cricket  Striking and Fielding - Rounders	
	2	Running/Jumping Fine/Gross motor skills	Athletics  Team games	Athletics- Field  Games- Summer sports skills (Cricket/Tennis)	Athletics- Field events  Swimming	Athletics- Field  Handball	Athletics- Field  Gymnastics	Athletics  Lacrosse	