

Subject overview

Physical education and Sport



Vision (intent)

Our school places upmost importance on Health and Wellbeing of our children. We therefore aim for Physical education to be a subject that is valued by children, enabling them to develop positive attitudes towards their physical and mental health. In order to achieve this, we aim to provide children with regular, sustained physical activity opportunities across a broad range of activities.

Our Key stage 1 children will receive teaching, and at times specialist coaching, in order to develop sound fundamental skills linked to various sports. Where appropriate, children will be provided with the opportunity to apply their skills to competitive games/activities.

Our Key stage 2 children are taught, at times specialist coaches, a variety of sports from around the world. Strategy, teamwork, refining and application of skills is developed through a variety of skill sessions, small game and competitive team activities. Through partnerships, children get the opportunity to regularly represent the school and compete in inter-school competition. Our aim is that all children will represent the school in competitive sport at least once annually.

A variety of clubs are to be available, across various sports, at different times throughout the week. School 'Teams' enable our most able sportspersons to showcase their skills. Staff will be highly skilled, with expert coaching used regularly to provide/model high quality support for staff and pupils. To achieve this we will foster close relationships with various sporting organisations.

Finally, we will ensure that Physical Education is effectively resourced and inclusive, ensuring all children are able to participate and are actively involved. This includes any children with SEND or physical disability.

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Curriculum (implementation)

Curriculum structure

The curriculum is structured to provide children with the opportunity to learn skills across a wide variety of sports. Each term children complete activities in the areas of dance, gymnastics, athletics, outdoor adventure and/or games. In KS1 the focus is on fundamental skill development in all of these areas. In KS2 the focus is on applying fundamental skills (e.g. movement, throwing, catching) across a wide-variety of sports and activities. Popular sports are repeated within the curriculum as they link with school teams and interschool competition. Where this occurs, there is clear progression of skills and/or application of skills.

Curriculum planning provides a clear outline of the knowledge, skills, understanding and vocabulary embedded within each topic of learning



Lesson delivery (Pedagogy)

Lessons are delivered in a way which ensures the children are continuously active through the entire lesson. Evidence demonstrates that this is beneficial to the physical wellbeing of children. Children complete an active warm up, then through a variety of activities, skills are modelled, and significant practise/rehearsal takes place individually, in pairs or in small groups. Throughout a module of learning, opportunities to apply skills are offered with regular evaluation of performance provided. Once skills are mastered to an appropriate level, small team games and/or performance opportunities are provided. Lessons are completed with a 'warm down' where the physical benefits of exercise, anatomy and or revision of key learning is discussed.

Curriculum enhancement

The PE curriculum is further enhanced through our partnerships. Children across the school are provided with opportunities to further develop their skills in team sport/interschool competition. Our netball, football and cross-country running teams provide children with regular competitions. Where possible specialist coaches are utilised to develop skills further and deepen pupil understanding of skills application, tactics and/or teamwork.

Bracknell and Wokingham Sports Partnership provides children with a wide variety of competitive team activities across a wide variety of sports.

APS events are planned which encourage pupils to be active and inspired to participate in sports (e.g. Olympian visit)

Village- The PE curriculum enables children to develop dance skills which are displayed at our village show each September.

Outcomes (Impact-How do we measure and evaluate)

- Annual pupil survey (pupil participation rates)
- Pupil tracker (PITA grids)
- Evidencing impact and accountability document
- Monitoring e.g. Lesson observations
- *See reports to governing body (Resources/Headteacher reports)
- ** See PE subject leader report for further details.

Partnerships

Reading Golf Club

Bracknell Sports Partnership

Wokingham School Sports (Sainsbury's games)

Wokingham Leagues (Football and Netball)

Local secondary and independent schools